

CURRICULUM GUIDE

SUBJECT: Physical Education

GRADE: 7 and 8

TIMELINE: 2nd Quarter

Standard	Kid Friendly Learning Objectives	Content (subject or topic covered in Journeys/My Perspectives)	DOK Level	Skills (ability, practice, aptitude that will be learned)	Assessment	Academic Vocabulary
<p>S1. M20 Striking 7. Strikes a pitched ball with an implement for power to open space in a variety of practice tasks. 8. Strikes pitched ball with an implement for power to open space in a variety of small-sided games.</p> <p>S1. M21 Catching 7. Catches, with a mature pattern, from different trajectories using a variety of objects in a small-sided game play. 8. Catches, with or without an implement, from different trajectories and speeds in a dynamic environment or modified game play.</p> <p>S2.M10 Offensive Strategies 7. Uses a variety of shots (e.g., slap & run, bunt, line drive, high arc) to hit to open space. 8. Identifies sacrifice situations and attempts to advance a teammate.</p> <p>S2.M13 Movement Concepts 7. Analyzes the situation and makes adjustments to ensure safety of self and others. 8. Implements safe protocols in self-selected outdoor activities.</p>	<p>Demonstrate fundamental skills: kicking, throwing, running. Participate in a game using the feet coordination to kick the ball in various directions to a specific area on the field.</p>	<p>Outdoor: Kickball</p> <p>Capture the Flag</p>		<p>Increase motor skills and coordination Offensive and defensive strategies Kicking ball to an area or target Base running</p>	<p>Teacher observation Pre/post written assessment</p>	<p>Defense Offense Base running Tag Up Coordination Dodging</p>

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<p>S1. M8 Dribbling/Ball Control with Hands 7. Dribbles with dominant and non-dominant hand using a change of speed and direction in a variety of practice tasks. 8. Dribbles with dominant and non-dominant hand using a change of speed and direction in small-sided game play.</p> <p>S1.M4 Passing and Receiving 7. Passes and receives in combination with locomotor patterns of running and change of direction and speed with competency in modified invasion games, basketball. 8. Passes and receives with an implement in combination with locomotor patterns of running and change of direction, speed, and/or level with competency in modified invasion games, basketball.</p> <p>S1. M10 Shooting on Goal 7. Shoots on goal with power and accuracy during small-sided game play. 8. Shots on goal with power and accuracy during small-sided game</p>	To dribble the ball with my dominant and non-dominant hand while protecting the ball. Describe the proper technique to dribble a ball: palms down, eyes up and forward, knees bent, wide stance.	<p>Basketball History of Game Skill development</p> <p>Passing and catching</p>	#2	<p>One-handed dribbling</p> <p>Chest pass Bounce pass Overhead/baseball throw</p> <p>Shooting</p>	Teacher observation Skills test	<p>Dominant Non-dominant</p> <p>Variation Chest Bounce Overhead Baseball</p> <p>Shooting stance Balance</p>

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<p>play.</p> <p>S1. M6 Offensive Skills 7. Executes at least 1 of the following designed to create open space during small-sided game play: pivots, fakes, jab steps. 8. Executes at least 2 of the following to create open space during modified game play: pivots, fakes, jab steps, and/or screens.</p> <p>S1. M11 Defensive Skills 7 – Slides in all directions while on defense without crossing feet. 8 - Maintains defensive ready position appropriate to the sport in a small-sided invasion game.</p>		<p>Offense strategies</p> <p>Defense</p>		<p>Creating open space</p> <p>Zone Man-to-man</p>		
<p>S1.M4 Passing and Receiving 7. Passes and receives with feet in combination with locomotor patterns of running and change of direction and speed with competency in modified invasion games such as soccer or speedball. 8. Passes and receives with an implement in combination with locomotor patterns of running and change of direction, speed, and/or level with competency in modified invasion games, such as lacrosse or hockey.</p> <p>S1. M9 Dribbling/Puck Control using</p>	Describe using verbal cues the proper method to hold a hockey stick and effectively control and pass the puck/ball to a partner.	Floor Hockey	<p>How can I increase control and accuracy while passing a hockey puck/ball?</p> <p>What are some effective ways to shoot a hockey puck/ball?</p>	<p>Hockey stick grip Pass and receive Dribbling Shooting Safety</p>	Teacher observation Skills test	<p>Stationary Wrist shot Violation Face off</p>

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<i>Hockey Stick</i> 7. Hockey Stick-dribbles or dribbles with an implement combined with passing in a variety of practice tasks. 8. Dribbles or dribbles with an implement with control changing speed and direction during small-sided game play.			How can I increase accuracy when aiming towards a specific target with a hockey puck/ball?			